

# Temecula Valley Charter School

## 2025-2026

### TVCS California Healthy Youth Act Parent Notification Letter Template

Dear Parent/Guardian:

California state law, the California Healthy Youth Act, requires that comprehensive sexual health education and HIV prevention education be provided to students at least once in middle school or junior high school and once in high school. TVCS recognizes that this is a sensitive issue for many families and wishes to provide the following information regarding the training and your ability to opt your student out of the training.

Instruction must encourage students to communicate with parents, guardians or other trusted adults about human sexuality. Instruction must be medically accurate, age-appropriate and inclusive of all students. By law, It must reference the following:

- Information about HIV and other sexually transmitted infections (STIs), including transmission, effects on the human body, FDA approved methods to prevent HIV and STIs, and treatment
- Information that abstinence is the only certain way to prevent unintended pregnancy and HIV and other STIs, and information about the value of delaying sexual activity
- Discussion about social views of HIV and AIDS including addressing unfounded stereotypes and myths
- Information about accessing resources for sexual and reproductive health care
- Information about pregnancy, including FDA approved prevention methods, pregnancy outcomes, prenatal care, and the newborn safe surrender law
- Information about sexual orientation and gender, including the harm of negative gender stereotypes
- Information about healthy relationships and avoiding unhealthy behaviors and situations including sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence, and sex trafficking
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If you have questions, please contact your student's teacher or an administrator. You may request a copy of the California Healthy Youth Act (California Education Code Sections 51930-51939) by contacting Temecula Valley Charter School administration office. It is also contained on our website under board policies entitled "Health Youth Act Notice".

State law allows you to remove your student from all or part of sexual health and HIV prevention education. If you do not want your student to participate in comprehensive sexual health or HIV prevention education, please provide

this information to \_\_\_\_\_ by \_\_\_\_\_. You may also give a written request to an administrator or your student's teacher. Schools are not allowed to permit parents/guardians to ONLY opt out of certain portions of the training.

Sincerely,